



Tuesday June 4th 2024 – Track/ Jumps

Wednesday June 5th, 2024 - Throws

The Royal City Athletics Club will be apart of the National Track and Field Tour by hosting an athletics competition in lead up to the Canadian Championships in Montreal. Events will be limited to a High Performance (HP) schedule of events in the evening and invitational OPEN sections during the pre-meet. The HP events have been designated a NACAC Permit Meet, meaning it is classified as a 'C' Meet for World Rankings and World Athletics qualifying purposes – one of only a handful with that designation in Canada. Our Mission and priority with this event is to help top Canadian athletes qualify for Senior National Teams and the Olympic Games.

FACILITY: Alumni Stadium located on the campus of the University of Guelph. The Stadium has hosted many International, National, and Provincial competitions. Several Canadian records have been achieved on the track and in the field at Alumni Stadium, it is a terrific facility for this level of competition. The facility has an eight lane track, 2 jump pits, PV runway, and a high jump pit. There is also the ability to change directions based on wind if necessary. We will make the decision on direction a minimum of 1 hour in advance of the competition.

LOCATION: Alumni Stadium, 26 Powerhouse lane, Guelph, Ontario N1G 2W1
<https://www.uoguelph.ca/maps/locations/alumni-stadium>

****Throws (June 5th) Will be located at the Toronto Track and Field Centre***

ENTRY FEE: \$40.00 For all entries via Trackie registration link that will be emailed to the invited athletes

ENTRY DEADLINE: May 24th at 12:00pm (invite) & May 30th for (undercard)

MEET ENTRY: Athletes will be invited via email with a link to the registration site for the main card, and undercard will be posted to the public



ELIGIBILITY: Must be registered with Athletics Canada or a National Governing Body

ACCOMMODATIONS:

Delta Hotel - Guelph 50 Stone Rd W, Guelph, ON N1G 0A9 (519) 780-3700 Average Rate: \$250/ night Approx. Distance from track: 800m walk	
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Link to official meet hotel page: [CLICK HERE](#)

FINAL SCHEDULE: Final schedule will be released to entrants and public approximately a week in advance of the meeting. If there are insufficient entries, events will be removed from the schedule. Events cancelled will have entries refunded.

CHECK-IN/WARMUP: Athlete Check-in will be done at a tent outside the Gryphon Fieldhouse. Warm up for athletes will have access to the turf and track of the Fieldhouse. Field Event athletes will be taken to the event site for full warmup onsite. All other track events will warmup in the Gryphon Fieldhouse.

CONTACT: All inquiries are to be directed towards meet director, Paul Galas (royalcityathletics@gmail.com)

ROYAL CITY INFERNO TRACK & FIELD FESTIVAL	
EVENTS	
MEN	WOMEN
100m	200m
400m	400m
800m	800m
1500m	1500m
5000m	100m Hurdles
110m Hurdles	400m Hurdles
400m Hurdles	Pole Vault
Long Jump	Discus Throw
High jump	Shot Put
Shot Put	PARA 200m AMB
PARA 400m AMB	



OPEN SECTION (PRE MEET) EVENTS:

MPV, W200, M200, M800, W800, M1500, W1500

HIGH PERFORMANCE: The Royal City Inferno Track & Field Festival has received an Area Permit and a World Athletics 'C' Classification.

PACE SETTERS: We are looking for pace setters in the following HP events (Men & Women 5000m, 800m & 1500m). The goal pace for these events will be Canadian World Championships standard or faster. HP pace setters will be compensated for their duties.

Prize Money: *Details on:* www.royalcityathleticsclub.org

Tickets: Admission to the meet can be purchased at the gate using a credit card or through the link found on our website.
<https://gryphonstickets.universytickets.com/w/event.aspx?id=1823>

Meet Support: This meet is supported by the Financial Contributions from the Province of Ontario and local business sponsors.



CALL ROOM PROCESS/ SHOES:

Included in Appendix (below).

SCHEDULE FOR CALL ROOM WILL BE DETERMINED SHORTLY AND SENT WITH FINAL DETAILS

Shoes must be in accordance with WA rules and can be found at this link.

<https://certcheck.worldathletics.org/FullList>

Spike length of 7mm for track events and 9mm for high jump

PRELIMS, SECTIONS AND FINALS:

We will follow WA rules based on number of prelims and finals set for the meet.

Both the men's and women's 800m will contest 2 sections and are timed finals.



TENTATIVE SCHEDULE: As of May 28, 2024

Schedule as of May 30/2024

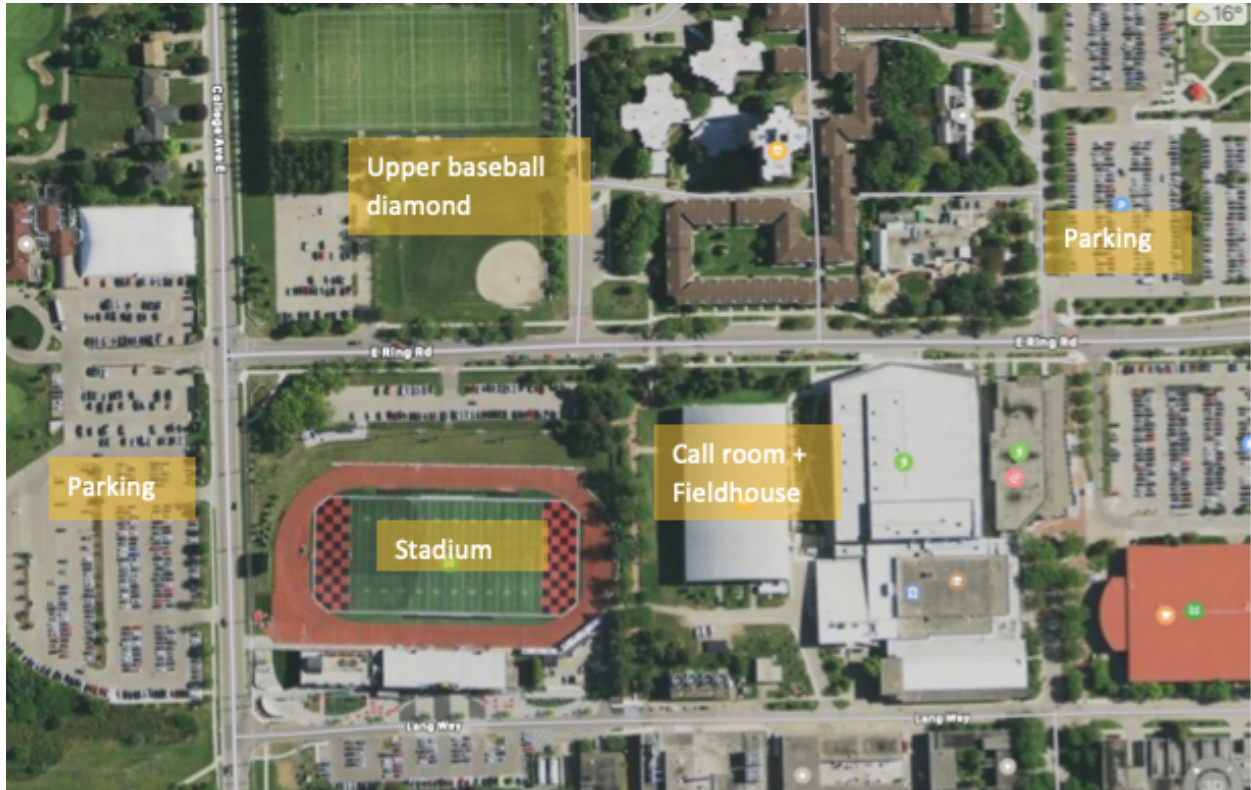
Pre Meet	JUNE 4th	Track Events (C-Ranking)	JUNE 4th	Field Events (C-Ranking)	JUNE 4th
M Pole Vault	4:30 PM	Men 400mH	6:30 PM	Women's Pole Vault	6:40 PM
		Women 400mH	6:40 PM	Men's High Jump	6:45 PM
Men 800m	3:30 PM	Women 400m	6:50 PM	Men's Long Jump	7:30 PM
Women 800m	3:50 PM	Men 400m	6:55 PM		
Men 200m	4:10 PM	PARA AMB Men 400m	7:00 PM	Field Events (C-Ranking) @ York	JUNE 5th
Women 200m	4:25 PM	<i>Men 100m HEATS</i>	7:10 PM	Women's Shot Put	5:30 PM
Men 1500m	4:40 PM	Crowd Engagement	7:20 PM	Men's Shot Put	6:30 PM
Women 1500m	5:00 PM	Men 800m - 2 sections	7:25 PM	Women's Discus Throw	7:30 PM
Youth Races	5:15 PM	Women 800m - 2 sections	7:35 PM		
Men 400mH	6:25 PM	<i>Women 100mH HEATS</i>	7:50 PM		
		Men 110mH	8:00 PM		
		Men 100m FINAL	8:10 PM		
		Men 1500m	8:15 PM		
		PARA AMB Women 200m	8:25 PM		
		Women 200m	8:35 PM		
		Women 1500m	8:40 PM		
		Women 100mH FINAL	8:55 PM		
		Men's 5000m	9:05 PM		



*Meet Director has ability to cancel event if # of entries do not meet requirements



Overview of facilities





Meet Dave Korell at Fieldhouse Entrance for Bib and pins at least 90 min prior to event



Warm up at indoor track and report to **CALL ROOM** when called called on



Compete at your event



Return back to entry of FieldHouse to claim prize

